



# Are you a cancer survivor who wants to become more physically active?

Researchers at the University of Florida have launched a new study to *improve life for cancer survivors through outdoor social cycling.*  
**No experience needed and we provide the bike!**

## How the program works:

- Bicycles provided for duration of study!
- Cancer survivors who want to increase their physical activity through cycling are matched with mentors through local cycling clubs
- Researchers investigate the benefits of this program

## No experience needed! You will...

- Learn from an experienced cyclist (a mentor) the basics of outdoor social cycling
- Meet/ride with a mentor between 1 and 3 times per week until you are comfortable riding in groups
- Meet with the research team to provide feedback on program refinements

## Mentee qualifications:

- Are a cancer survivor who has completed primary treatment
- Currently insufficiently active, and seeking to increase physical activity
- Willing to join between 1 and 3 rides per week during the 12 week program

Apply here:  
[go.ufl.edu/pedalflmentees](https://go.ufl.edu/pedalflmentees)

Or scan:



Please contact the principal investigator  
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