



Florida cyclists needed as mentors

Research on cycling for cancer survivors

Researchers at the University of Florida have launched a new program to improve life for cancer survivors through outdoor social cycling

How the program works:

- Cancer survivors who want to increase their physical activity through cycling are matched with mentors through local cycling clubs
- Researchers investigate the benefits of this program

What you will do as a mentor:

- Teach a cancer survivor (your mentee) the basics of outdoor social cycling
- Meet/ride with your mentee up to 3 times per week until they are comfortable riding in groups
- Meet with the research team to provide feedback on program refinements

Mentor qualifications:

- Are a cancer survivor who has completed primary treatment
- Are an experienced ride leader, with at least 1 year of experience as ride leader in your local cycling club
- Willing to lead up to 3 rides per week for your group during the 12 week program

Apply here:

go.ufl.edu/pedalflmentorss

Or scan:



Please contact the principal investigator Dr. Jake-Schoffman or researcher Dr. Lincoln Lu for more info: PedalFlorida@hhp.ufl.edu